

# Welcome!

Wye Seventh-day Adventist Church  
July 26, 2025

## TODAY

**Worship:** Dr John Skrzypaszek

**Elder:** Pam Randles

**Offering:** Local Church Budget

## Next Sabbath - August 2

**Worship:** David Williamson

(to be confirmed)

**Elder:** Margot Marshall

**Offering:** Local Church Budget

## Prayer Groups

We have 2 prayer groups, and everyone is welcome. Feel supported and encouraged, pray for others, and for our community.

**Sabbath mornings - 9:15am,**  
here in the Youth Sabbath School  
room behind the church.

**Tuesdays - 10:30am,** Pam's home,  
42 Kalele Ave, Halekulani.

## Offerings

**July 26** – Local Church Budget

**August**

2 – Local Church Budget

9 – Comprehensive Media Evangelism  
(South Pacific Division)

16 – Union Offering (Aust. Union Conference)

23 – Local Church Budget

30 – Local Church Budget

Donate either here at church or 24/7 online:  
[egiving.org.au](http://egiving.org.au) & select Wye SDA Church.

## Food & Fellowship

1<sup>st</sup> Sabbath – BYO Picnic – August 2

3<sup>rd</sup> Sabbath – Combined – August 16

## Sunset Times

5:11pm Friday, July 25

5:11pm tonight

5:15pm Friday, August 1



## Gods Closet

Sunday August 3

9 am – 12 noon

Please pray that our church's  
community outreach will continue  
to bless those who need  
clothes for their children.



## Transfers Out

### Second Reading

Enid Nelson to Hillview Church

Julie Nelson to Hillview Church

Barry Plane to Hillview Church

*Transfers  
Out*

**Second Reading**

Enid Nelson to  
Hillview Church

Julie Nelson to  
Hillview Church

Barry Plane to  
Hillview Church

*Happy Birthday*



*Arthur Lee  
for TODAY!*

*Jeanette Ashcroft  
for Thursday 31<sup>st</sup>*



*The Incredible Journey*

**The Coles Story: From Corner Store  
to Supermarket Giant**

The value of the global trade of goods in the world is approximately 83 billion dollars per day of goods transported worldwide across land, air and sea. However, trade is nothing new; it began as a barter system in which people exchanged one object for another. Eventually it moved to markets, then shops, and now we have supermarkets with around 40,000 items in the store. Join Gary Kent as he explores the story of Sir George J. Coles—a businessman and philanthropist who chose to make a difference and started one of the biggest supermarket chains in Australia.

- 9GEM: Sunday, 27 July at 8:30am
- YouTube: Watch any time after 6:30pm on Friday, 25 July

*3ABN Now*

What is the crown of the brain? Researchers are finding out more about how the Frontal Lobe functions, and what it controls. Brain scans show that the Frontal Lobe is directly involved when we pray to God. But what can impair the Frontal Lobe? Or enhance its ability to function correctly? Does lifestyle and nutrition make any difference? How does it impact depression? During this program, **Dr Eddie Ramirez** will answer these, and many other questions, concerning the Frontal Lobe. So be ready to hear some encouraging, and possibly life changing, information concerning the Frontal Lobe--the crown of the brain. 3ABN Australia's 1 hour interview program, 3ABN Now, can be viewed on 3ABN International every week on Sundays at 7:00pm, repeated Tues., 7:00pm and Wed., 9:00am. The guest this Sunday is **Dr Eddie Ramirez** (The Frontal Lobe). Next Sunday is Johnny Wong. Apart from the VAST satellite, watch online: [www.3abnaustralia.org.au](http://www.3abnaustralia.org.au), [3abnplus.tv](http://3abnplus.tv) (scroll down to 3ABN Australia), or on the free phone App.

*Find us Online*

website: <https://wyee.adventist.org.au>  
facebook: "Wyee Seventh-day Adventist Church"

*CONTACTS LIST*

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Bulletin Editor	Kym Fowler	0417 900 187	kym.fowler@bigpond.com

Please email any bulletin announcements to me by 5pm Wednesdays ☺

# LEARN IT, LIVE IT, LOVE IT! INTRODUCTION TO LIFESTYLE MEDICINE



Short course LIVE online with Prof Darren Morton, Dr Mel Renfrew and Simon Matthews

## Join Avondale University's Introduction to Lifestyle Medicine Short Course

Live via Zoom

Starting Wednesday 13 August 2025

Learn more about Lifestyle Medicine with a LIVE 10-hour online course led by industry experts: Professor Darren Morton, Dr Mel Renfrew, and Simon Matthews. Designed for anyone interested in the transformative potential of lifestyle choices, this engaging course combines interactive activities, practical demonstrations, and community connection—all from the comfort of your home!

### COURSE HIGHLIGHTS

**Duration:** 2 hours every Wednesday evening for 5 weeks.

**Dates:** August 13, 20 & 27, Sept 3 & 10, 2025.

**Time:** 7–9 PM AEST

#### Topics include:

Food is Medicine

Exercise is Medicine

Stress Management

Sleep Hygiene

Positive Relationships

Effective Behavior-Change Strategies

Managing Substance Use

The Role of Meaning, Purpose & Spirituality

New Frontiers in Lifestyle Medicine

#### Invest in Your Health

**Earlybird:** \$349 until July 23

**Full price:** \$399

Learn more about this & other lifestyle medicine courses at:

<https://www.avondale.edu.au/study/lifestyle-medicine/>