



WYEE CHURCH Bulletin

Happy Sabbath!

March 8, 2025

TODAY

Worship Service: Dr Mark Pearce
Elder: Joyce Dever
Offering: Adventist World Radio

Next Sabbath – March 15

Worship Service: Pr Nathan Andreoli
Elder: David Williamson
Offering: Local Church Budget

Prayer Group



Each Sabbath a special time of prayer is held at 9.15 am in the Youth Sabbath School room. Everyone is welcome.

Offering Schedule – March

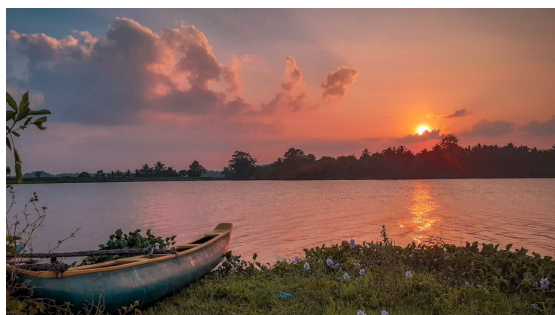
8 – Adventist World Radio
15 – Local Church Budget
22 – Local Church Budget
29 – Local Church Budget

Food & Fellowship

1st Sabbath - BYO Picnic (April 5)
3rd Sabbath - Combined Lunch – *next week*

Sunset Times

7:22pm Friday, March 7
7:21pm tonight
7:13pm next Friday, March 14



Adventist World Radio
Annual Offering
MARCH 8



Adventist World Radio Annual Offering

Lejoby was a notorious bandit in Madagascar who lived deep inside a cave. One night, after his gang raided a village, he unknowingly stole an AWR solar-powered “Godpod” device that contained the Bible and other spiritual materials in his language.

He thought it was a radio and was shocked to get “reception” inside the cave. But what happened next was even more surprising!

Don't miss this and many other incredible stories next week during Adventist World Radio's annual offering today. (To watch inspiring videos of stories like this, visit awr.org/videos.) Thank you for supporting Adventist World Radio today.

SPEAK POSITIVELY 
move dynamically
IMMERSE YOURSELF
in an uplifting physical & social environment
LOOK TO THE POSITIVE 
eat  **REST**  **(SLEEP AND DE-STRESS)**
nutritiously
serve 

www.theliftproject.global

Have you smiled today?



HAPPY BIRTHDAY
 to Dalmae Heise
 for Monday 10th 



MARY of MAGDALA

SCAN TO WATCH > 

Find us on:      [youtube.com/TheIncredibleJourney](https://www.youtube.com/TheIncredibleJourney)

Gem SUNDAY 8:30AM |  **YouTube** WATCH ANYTIME

The Incredible Journey presents:
Mary of Magdala.
 Mary of Magdala longed for freedom and found it in Jesus. He freed her from torment, and she became one of His most devoted followers. She stood by Him at the cross, mourned at His tomb, and was the first to witness and proclaim His resurrection. Yet, much about her remains a mystery. Who was she, truly?
 – 9GEM: Sunday, 9 March at 8:30 am
 – YouTube: Watch any time

3ABN 1-hour Interview

What has the persecution of Jews in Spain and Portugal during the 1400s and 1500s got to do with the conversion of Dr Eddie Ramirez's family? How did the granting of religious liberty cause a civil war? Join us as Dr Eddie takes us through some of the Ebenezer (remembrance) stories that led his ancestors to becoming Seventh-day Adventists. 3ABN Australia's 1 hour interview program, 3ABN Now, can be viewed on 3ABN International every week on Sundays at 8:00pm, repeated Tues, 8:00pm and Wed, 10:00am. The guest this Sunday is Dr Eddie Ramirez (Ebenezer). Next Sunday is Graham Weir. Apart from the VAST satellite, you can also watch online at www.3abnaustralia.org.au, 3abnplus.tv (scroll down to 3ABN Australia), or on the free phone App.

Find us on facebook!
"Wye Seventh-day Adventist Church"

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Please give any bulletin announcements me by 5 pm Wednesday ©



LEARN IT, LIVE IT, LOVE IT! INTRODUCTION TO LIFESTYLE MEDICINE

Short course LIVE online with Prof Darren Morton, Dr Mel Renfrew and Simon Matthews

Join us for an engaging online lifestyle medicine experience featuring expert insights, interactive activities, and strategies for enhancing your well-being. Connect, learn, live and love it!

The course offers 10 hours of fun with friends online, and will run for 2 hours every Wednesday evening for 5 weeks.

Join Professor Darren Morton, Dr Mel Renfrew & Simon Matthews for an immersive LIVE online experience that features interactive & practical activities and engagement with your fellow participants. Participate in making quick & delicious plant-based food with Mel (participants will receive a list of ingredients to join in). Extra resources and references will be made available for those who wish to explore topics further.

This short course is suitable for anyone who is interested in the growing area of Lifestyle Medicine, not just health professionals. It is approved as a 10-hour event by the International Board of Lifestyle Medicine.

Participants will receive a certificate of completion.

Topics include:

- Food is medicine
- Exercise is medicine
- Stress management
- Sleep hygiene
- Positive relationships
- Making it happen - effective behaviour-change strategies
- Managing substance use
- Plant-based cooking segments
- Physical activity breaks with Darren
- New frontiers in lifestyle medicine
- The role of meaning, purpose & spirituality



Dates: Mar 19, 26, Apr 2, 9 & 16 2025 live online @ Avondale University

Time: 7 - 9pm AEDT weeks 1 to 3, AEST weeks 4 to 5

Where: LIVE via Zoom

Cost: Special introductory offer \$299 (regular fee \$499) | Registrations close March 18, 10 pm.



To enrol, or find out more about the course, scan the QR code or go to

<http://www.avondale.edu.au/short-courses/introduction-to-lifestyle-medicine> or email lifestylemedicine@avondale.edu.au

Avondale University has just opened registrations for its brand new short course: *Introductions to Lifestyle Medicine - Learn it, Live it, Love it!*

This 10-hour course is for anybody interested in Lifestyle Medicine (no education prerequisites are required). As a non-accredited short course, it does not include any assessments, and all participants will receive a certificate of attendance.

Church members interested in health ministry would find this helpful in building their knowledge regarding the latest scientific evidence related to our Adventist Health Message.

Running from 7-9pm each Wednesday from March 19 for 5 weeks.

For more information & to register: www.avondale.edu.au/courses/vet/short-courses/introduction-to-lifestyle-medicine/



Money-SAVING Workshops

Budgeting | Supermarket Tour | Cooking

Healthy

FoodSAVE shows how to save money on food by making healthier choices



Simple

Hands-on and interactive approach makes learning easy and fun



Needed

Food insecurity affects around 1 in 3 Australian households*



*Foodbank Hunger Report 2024

Make a difference in your community
...become a FoodSAVE Facilitator!

You don't need a nutrition background to teach FoodSAVE - just the ability to share information and manage a small group

TRAINING DETAILS:

Gosford SDA Church Hall
Sunday 16th March 2025

8:50am-5pm. Training cost \$85pp

Register: <https://bit.ly/FoodSAVEGosford>

Registrations close 11th March unless sold out prior. Contact: kategarriga@adventist.org.au