



WYEE CHURCH BULLETIN

Welcome!

February 22, 2025

TODAY

Worship Service: Dr Neil Watts
Elder: David Heise
Offering: Local Church Budget

Next Sabbath – March 1

Worship Service: Ken Dever
Elder: John Tompson
Offering: Local Church Budget

Prayer Group



Each Sabbath a special time of prayer is held at 9.15 am in the Youth Sabbath School room. Everyone is welcome.

Offering Schedule February/March

Feb 22 – Local Church Budget
Mar 1 – Local Church Budget
Mar 8 – Adventist World Radio
Mar 15 – Local Church Budget

Food & Fellowship

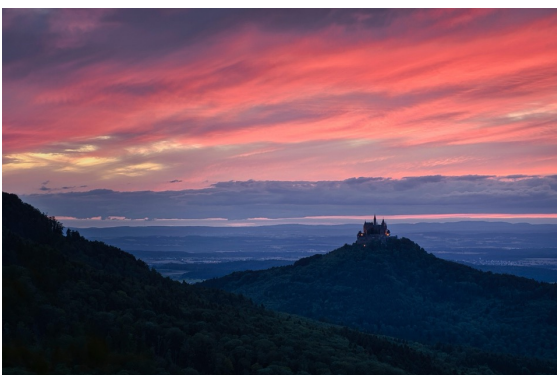
1st Sabbath - BYO Picnic (March 1 – next week)

3rd Sabbath - Combined Lunch (March 15)

Sunset Times

7:38pm tonight

7:31pm next Friday, Feb 28



May the
WORDS of my MOUTH
& the meditations
of my heart be
pleasing in your SIGHT
O Lord, my Rock &
my Redeemer.
Psalms 19:14

'BUBSIE'

In 1925, Nevill Westwood was the first person to drive his car, a Citroën, right around Australia - all for evangelism! This year, The Incredible Journey and the SDA church are commemorating this achievement with events at the following destinations:

[BUBSIE Route plan: https://tij.tv/raa](https://tij.tv/raa)

You'll be able to see 'Bubsie' this Thursday Feb 27 at our very own Wyee Food Hub from 9am to 1pm. Come and enjoy this commemorative event and invite your friends & neighbours. While you're here, enjoy the Hub's market atmosphere and buy some bargains.

First Reading

Nominating Committee:

Helen West as Doing Life Together – Facilitator
(Board position)
Margot Marshall as Health Ministries – Team
Leader (Board position)

Transfers Out:

Pr Alan Saunders
to Avondale Memorial Church

Mrs Marilyn Saunders
to Avondale Memorial Church

Happy Double Anniversary Today!

Inge-Lise & Russell Butler
Chook & Kym Fowler



Find us on:      [youtube.com/TheIncredibleJourney](https://www.youtube.com/TheIncredibleJourney)

The Incredible Journey presents:

The Outlaw – Ned Kelly

In June 1880, the Kelly gang clashed with the Victorian Police in a long-anticipated shootout. When the police arrived in the small town of Glenrowan, where the gang was holed up, they quickly donned their homemade iron armour, crafted from stolen plough boards. Whatever else Ned Kelly may have been -- he was undoubtedly innovative! Join us this week as we explore his story and examine the Biblical armour that God has prepared for each one of us.

– 9GEM: Sunday, 23 February at 8:30 am

– YouTube: Watch any time after 6:30 pm on Friday, 21 February



Most people live their lives with no reference to God. It can be because of their up-bring, or their own personal choices. But it doesn't have to end that way. God is in the business of transforming lives. **Dee Hilderbrand** had both good and bad experiences in her life without God. She drifted from one thing to another, but couldn't find what she was looking for. But her life changed when she gave her whole heart to Jesus. Join us as Dee talks candidly of life's turns and hard knocks, and how she has found that God's plans for her are always the very best. 3ABN Australia's 1 hour interview program, 3ABN Now, can be viewed on 3ABN International every week on Sundays at 8:00pm, repeated Tues., 8:00pm and Wed., 10:00am. The guest this Sunday is Dee Hilderbrand (testimony). Next Sunday is Pr Mark Pearce. Apart from the VAST satellite, you can also watch online at www.3abnaustralia.org.au, 3abnplus.tv (scroll down to 3ABN Australia), or on the free phone App.

Find us on facebook!

“Wye Seventh-day Adventist Church”

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Please give any bulletin announcements me by 5 pm Wednesday ☺



LEARN IT, LIVE IT, LOVE IT! INTRODUCTION TO LIFESTYLE MEDICINE

Short course LIVE online with Prof Darren Morton, Dr Mel Renfrew and Simon Matthews

Join us for an engaging online lifestyle medicine experience featuring expert insights, interactive activities, and strategies for enhancing your well-being. Connect, learn, live and love it!

The course offers 10 hours of fun with friends online, and will run for 2 hours every Wednesday evening for 5 weeks.

Join Professor Darren Morton, Dr Mel Renfrew & Simon Matthews for an immersive LIVE online experience that features interactive & practical activities and engagement with your fellow participants. Participate in making quick & delicious plant-based food with Mel (participants will receive a list of ingredients to join in). Extra resources and references will be made available for those who wish to explore topics further.

This short course is suitable for anyone who is interested in the growing area of Lifestyle Medicine, not just health professionals. It is approved as a 10-hour event by the International Board of Lifestyle Medicine.

Participants will receive a certificate of completion.

Topics include:

- Food is medicine
- Exercise is medicine
- Stress management
- Sleep hygiene
- Positive relationships
- Making it happen - effective behaviour-change strategies
- Managing substance use
- Plant-based cooking segments
- Physical activity breaks with Darren
- New frontiers in lifestyle medicine
- The role of meaning, purpose & spirituality



Dates: Mar 19, 26, Apr 2, 9 & 16 2025 live online @ Avondale University

Time: 7 - 9pm AEDT weeks 1 to 3, AEST weeks 4 to 5

Where: LIVE via Zoom

Cost: Special introductory offer \$299 (regular fee \$499) | Registrations close March 18, 10 pm.



To enrol, or find out more about the course, scan the QR code or go to

<http://www.avondale.edu.au/short-courses/introduction-to-lifestyle-medicine> or email lifestylemedicine@avondale.edu.au

Avondale University has just opened registrations for its brand new short course: *Introductions to Lifestyle Medicine - Learn it, Live it, Love it!* This 10-hour course is for anybody interested in Lifestyle Medicine (no education prerequisites are required). As a non-accredited short course, it does not include any assessments, and all participants will receive a certificate of attendance.

Church members interested in health ministry would find this helpful in building their knowledge regarding the latest scientific evidence related to our Adventist Health Message.

Running from 7-9pm each Wednesday from March 19 for 5 weeks.

For more information & to register: www.avondale.edu.au/courses/vet/short-courses/introduction-to-lifestyle-medicine/



Money-SAVING Workshops

Budgeting | Supermarket Tour | Cooking

Healthy

FoodSAVE shows how to save money on food by making healthier choices



Simple

Hands-on and interactive approach makes learning easy and fun



Needed

Food insecurity affects around 1 in 3 Australian households*



*Foodbank Hunger Report 2024

Make a difference in your community
...become a FoodSAVE Facilitator!

You don't need a nutrition background to teach FoodSAVE - just the ability to share information and manage a small group

TRAINING DETAILS:

Gosford SDA Church Hall
Sunday 16th March 2025

8:50am-5pm. Training cost \$85pp

Register: <https://bit.ly/FoodSAVEGosford>

Registrations close 11th March unless sold out prior. Contact: kategarriga@adventist.org.au